

February 2024						
◀ Jan 2024						Mar 2024 ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Off Line 650-750am QBS/Skill 650-750am	2	3
4	5 Def Backs 650-750am Linebackers 350-5pm QBS 650-750am	6 Off Line 650-750am	7 Def Backs 650-750am Linebackers 350-5pm QBS 650-750am	8 Off Line 650-750am QBS/Skill 650-750am	9	10
11	12 Def Backs 650-750am Linebackers 350-5pm QBS 650-750am	13 Off Line 650-750am	14 Def Backs 650-750am Linebackers 350-5pm QBS 650-750am	15 Off Line 650-750am QBS/Skill 650-750am	16	17
18	19 <u>No School</u>	20 <u>No School</u>	21 <u>No School</u>	22 <u>No School</u>	23 <u>No School</u>	24
25	26 Def Backs 650-750am Linebackers 350-5pm QBS 650-750am	27 8 th Grade Weights 430-530pm Off Line 650-750am	28 Def Backs 650-750am Linebackers 350-5pm Off Line 650-750am QBS 650-750am	29 8 th Grade Weights 430-530pm Off Line 650-750am QBS/Skill 650-750am	QBS Monday-Arm Program Wednesday- Footwork/Playbook Thursday- Throwing	